

THE WOOSTA SOURCE

Find it online at jcr.worc.ox.ac.uk

President's Address Our JCR website describes this part of the Woosta Source as "an inspiring address from our respected President to keep everyone going through those 3 a.m. essay crises". There are some issues with this. My inability to focus on one task for more than ten minutes means I suffer from essay crises more than most. I'm virtually having an essay crisis writing this address (that copy and paste above was a masterstroke, 17 words right off the bat {as was that meta reference [and that one]}). I can't really be of much help with these except for one thing, open a window. Fresh air and the cold will keep you awake and when you start crying from tiredness (Just me? Really? Ok) it'll also help dry your tear-stained notes and keyboard. Also, "respected" is very liberally applied here.

So I've decided to use these addresses to write about whatever I want. At some point there will definitely be one on Bladerunner which is my favourite film and something a worryingly large number of people haven't seen. I'll probably also write semi-topical things about goings on at Oxford. Basically it'll be like a long, disconnected Twitter feed which we spend a substantial amount of money printing on pink paper.

Hello freshers! I hope you enjoyed Freshers' Week and matriculation. Who doesn't like being crammed into a theatre for ten minutes and shouted at in Latin? For everyone else, I've met lots of the freshers in this year group and they are lovely without exception (if not a bit keen). If you haven't already, take the time to introduce yourself so we can begin the process of sucking them into the Worcester Bubble.

Alfie

"Reach for the stars and if you don't grab 'em,

At least you're on top of the world.

Think about it." – Pitbull



Greetings all, and welcome back to a new year at Worcester! I'm hoping you'll all make a little space in your schedules once in a while to have a flick through the Woosta Source. Have a glance through the campaigns running at OUSU this year to see if there's anything you'd like to get involved in (p4-5), and read about why 3 Worcester students went to trek the Great Wall of China this summer (p6). Pop to p3 for some tips from our Arts, Green and Charities Reps, as well as a new column on beating the hunger pangs with style and without a kitchen!

Don't forget to catch up on what Worcester's been up to in love (p2, from the comfortably replete Duck) and war (by which I mean, of course, sport – p7-8). Look out for the all-new Worcester Sports Personality of the Term feature in an upcoming edition!

Don't forget to get in touch if you'd like to contribute, criticise, claim the chocolate prize (see p5) or if you're just really bored of whatever you're meant to be doing...

Worcester love, Melissa xxx

Editorial



Greetings from the lake! I hope you've all missed me and are eager for me to pass on the fresh scraps you've been chucking at me over the start of term – Fresh obviously being the important thing here...

You have not let me down, as many of the freshers seemed keen to get to know one another more intimately. A certain fresh physicist who's already established himself as a party lad seemed eager to cooperate with his peers, and found rich resources for doing so in the form of a female earth scientist who was o-pen to his charms. The lady in question clearly didn't want to be tied down, though, as she had also set her sights on a-damn fine fresher historian –

I assume he was none the w[e]iser as to her other conquest! It can certainly be said that she got wood this past fortnight and I believe she will be one to watch as the year develops...

Another fresher who's already made a name for himself is a medic who has been breaking hearts throughout college with his georgeous rugby playing body – and he had sufficient chemistry with a vaughracious fresher who was clearly [pr] itching to get her hands on him. Ellsewhere a fresher musician was singing the praises of an E&Mer who captured her Hart – they could perhaps be chriticised for not putting enough focus on their work, but of course that's no concern of mine.

The vicktorious title of 'PD's favourite fresher tale' however, goes to a couple of college siblings who were obviously Hel-bent on causing mayhem through Christening their university life with a cheeky bit of college incest. We're a progressive college, though, so maybe this isn't such a crime.

But it wouldn't really be a proper start to the term at Worcester if the freshers had only socialised within their peer group, and it was inevitable that interactions would take place across years, with second year males now well-versed in the art of sharking. Indeed, one theologian is so infamous for his Japes last year that his friends challenged him *not* to get with any freshers. You can identify this young fellow because he's currantly going round college with only one eyebrow, to indikate that he lozt the bet (the eyebrow being shaved off as a forfeit). In a similar vein, let's marina-te over the story of a second year PPEist who welcomed in a fresher who could perhaps be said to be miles out of his league – but I'm sure he felt no guilt about the situation, having the good grace not to remove the photographic evidence from the public scrutiny of the JCR Facebook page!

The second year men were keen to establish themselves as hospitable, extending welcomes to new arrivals from across the Atl[enih]antic. The ant-ics starated with a psycholawgist who seduced a JYA, while our esteemed, and far from b-ashful, Sports Rep took it upon himself to say 'hey' and have a-damce with another American.

A special mention should also go to two JCR committee members who recently acknowledged that their attraction was more long-lasting, so I anticiPat that they will be out of Praktice in the art[s rep] of random encounters for the foreseeable future! Despite the potential starvation for me that could result, I won't be a Nay-sayer, and wish them all the best.

Finally, I am happy to report that the finalists have not been letting the threat of their exams stop them from having a good time, with lots of them making an appearance at their favourite hotspots. Rumour has it that one tennis blue who usually has millieons of fans decided to practice his art in a different kind of court, escorting one third year theologian home from a club when she was all too willing to leave. I've also been sent tales of goings on over the summer – it seems one particularly extravagant classicist threw a large birthday celebration a few weeks before the start of term, and I have her to thank for a cheeky encounter: A different theology finalist who has dominated my pages of late swapped saliva with a mann everyone had presumed was her gay best friend – it seyms that on this occasion, unlike Margaret Thatcher, the lady was for turning.

It's been a great start to Michaelmas - let's hope the next fortnight can be just as fruitful for all of you, with a number of crewdates in the pipeline I'm sure that won't be a problem. Email anything you witness to peekingduckofworcestert@gmail.com – you can also email me here to opt out, though that poor conduct deserves a smack on the bottom and I will highly disapprove.

DUCKIE LOVE XOXOX



PG TIPS

Hello Worcester!
Sadly Raj's recommendations have moved onto a better place however I (Patrick - Artz Rep) will do my best to fill the void left behind, he has taught me all his secrets. I'll regularly put in here tips on various Artz goings on around Oxford as well as anything else you guys might be interested in. Without further ado...

O2 Academy: The Cat Empire (23/10) Blue (Duncan <3) (25/10) AlunaGeorge (27/10) Kodaline (9/11)

Ashmolean: LiveFriday - The Art of Theatre (free) (25/10)

New Theatre: West Side Story (22 - 26/10)

Other tips for the week...

Aaron Ramsey in your fantasy football team. Do it. Beards are great.

And Finally... Patent your inventions; see a certain fresher (let's call him Cich Rooper for anonymity) who as a 4 year old won a Blue Peter competition by practically inventing 'Bop It!'. He hasn't made a penny from it since.

Still, as long as there's dirt in the sluicebox I'm a happy miner.

P Giddy xoxo

Oh, hi there Worcester, I didn't see you there. I'm the JCR green rep and this is where you will normally find handy tips for keeping it green. However, as this is the first edition of the year I'll ease you into the green jargon with a little help from urban dictionary. Seatbelts advised- it could get enviromENTAL¹. Worcester already has some great schemes in place to minimise our impact on the environment² but if anyone has any new ideas it would be great to hear them - guaranteed admission into the Worcester environati³. Also, make sure to check out the edible garden facebook page for updates and session timings- they're growing some absolute crackers at the moment (see figure 1).

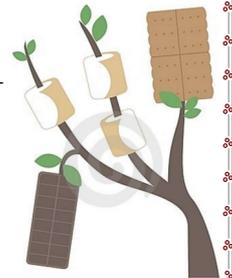
¹ (woah...environmental fool- just plain looney. For example, 'be environmentally friendly, don't litter or u just environmental fool!)

² (Something we should all care about because if we don't we will die.)

³ (Any group claiming special environmental enlightenment.)

Stay grassy

Daisy x



Upcoming Charity Events

COME ALONG TO the Great British Bake Off night in the JCR this Tuesday (2nd Week) from 7pm! There will be lots of delicious baked treats for sale, the GBBO final will of course be on tv at 8 and all of the funds raised will go to Worcester's charities. Why not take a break from work and bake something - The person whose bake raises the most money for charity will win a GBBO cookbook, and the more people who make something the better. Brownie points for anyone who makes something from the series!



DON'T FORGET TO buy your tickets for Charity Pink Drinks in the JCR this Friday (2nd week). £1 from every ticket goes to Worcester's chosen charities, and it promises (as ever) to be a really great night. The tickets will be on sale a couple of days before Friday in the Buttery.

Charity task of the week

OxHub are running a new campaign called 'One Hour A Week' this year. The aim is to make it easy for busy students to give one hour of their week to a worthwhile cause in the local community. There are so many opportunities out there, so this week, why not have a browse through the OxHub home page (www.oxfordhub.org) and sign up to give one hour of your week to a worthwhile cause.

Jenny Paisley



The Student Kettle

If you're sitting smugly on a lighter battels bill this year, the likelihood is that you don't have a kitchen. This might translate to having a few extra pennies for various different beverages - be it fruit juice 'NOT FROM CONCENTRATE', exotic tea or that horrible Sting drink. However, a week into my first Michaelmas it struck me that Oxford delis and Tea-at-Three were not particularly sustainable ways of staving off the hunger until First Hall. Last year the use of toasters was banned in college rooms and so we were left with a fridge and a kettle to feed our hungry mouths. So I'm going to use my experience to try and provide a few lunchtime ideas for those that need them. This week I'm going to keep it simple: couscous. I made mine in a mug, added olive oil, lemon juice, maybe some raisins - I hear pomegranate seeds work well. Just pour on boiling water and get experimenting.

Miriam Stoney



Hi everyone,

I thought I'd wait until Freshers' (and the chaos of Freshers' fair in particular) was over to let you all know about the campaigns that will be running through OUSU this year. Though some of you may have already signed up to this or that email list, it's always good to know what's out there just in case there's something you might have missed. In addition, this isn't solely for freshers, other years who have returned to Oxford this Michaelmas can just as easily get involved in something new.

People have different reasons for getting involved in campaigns. Maybe there's an issue that you feel strongly about, and are trying to find ways to make your voice heard. Other people aren't even aware of some of the campaigns OUSU runs, and its unlikely those of you new to university will have seen student-led campaigns on this scale before.

OUSU's campaigns are run by students who dedicate their own time to something they feel passionate about. Since my first term I have been involved with the Target Schools initiative, and other Access schemes and I can honestly say that there is a big difference between simply studying at Oxford, and studying at Oxford whilst feeling like you're improving the place of the University for everyone, beyond Oxford.

Nikita (your OUSU rep.)



So, here's a very brief description of the biggest campaigns. I've included email addresses so that you can be put on the relevant mailing lists and get involved with event. More information can be found @ <http://ousu.org/get-involved/campaigns/>

RAG (Raise and Give). This is the "charity wing" of OUSU. It fundraises throughout each academic year to give to nominated charities. It runs a ball, sports tournaments, talent show and even a Jailbreak. Email - rag.secretary@ousu.org.

It Happens Here. Campaign launched in 2013, aims to raise awareness of sexual abuse and violence in relationships in Oxford and the University. Runs Sexual Consent discussion groups and raises money for Oxford Sexual Abuse and Rape Crisis Centre. They have their own website; <http://ithappenshereoxford.wordpress.com/>
Email - ithappenshere@ousu.org



Living Wage Campaign. "The Oxford Living Wage Campaign believes that the National Minimum Wage of £6.19/hour is not enough for workers in Oxford to provide their families with the essentials of life". They aim to get colleges to agree to pay their employees at least the Living Wage of £7.45/hour. They meet 5-6pm every Thursday of term in OUSU*. Email - livingwage@ousu.org

Mind Your Head. The Mind Your Head Campaign has three aims: "to raise awareness of mental illness, to combat the stigma surrounding mental illness, and to promote mental wellbeing in the student population". It is a relatively new campaign, having been founded in November 2011 and officially launched in March 2012. They have their own website; <http://mindyourheadoxford.wordpress.com/>
 Email - MYHchair@ousu.org

Target Schools. One of OUSU's oldest campaigns, they run Oxford's only shadowing scheme (more information about this will come through our Access Rep, Katie) which allows students from schools which don't normally send pupils to Oxford to experience the day in the life of an Oxford student. After attending a training session ("Target Schools Tea") you will be given resources to go back to your old school and speak, or make presentations to schools surrounding Oxford. They have their own website; <http://www.targetschoolsoxford.com/> Email - target@ousu.org

Women's Campaign (WomCam) an autonomous campaign supported by OUSU. A feminist society that organises events, raises awareness of issues and creates a platform for feminist discussion. They have Facebook, Twitter, Tumblr and their own website; <http://womcamoxford.wordpress.com/> They meet on Mondays, odd weeks (e.g. 1st week, 3rd week) 7-8:15pm, Wadham college. Email - women@ousu.org



More Campaigns;

- ◆ **Disabled Students Campaign.** Email - disabledstudents@ousu.org
- ◆ **Environment & Ethics campaign.** Email – eandechair@ousu.org
- ◆ **The International Students' Campaign (ISC).** Email - internationalstudents@ousu.org
- ◆ **Mature Students' campaign.** Email - maturestudents@ousu.org
- ◆ **Campaign for Racial Awareness and Equality (CRAE).** Will co-ordinate the University's *Black History Month*. The committee meets every other week on a Sunday evening at 5pm in the OUSU building. Email - craechair@ousu.org
- ◆ **LGBTQ (Lesbian, Gay, Bisexual, Trans and Queer) Campaign.** Email - lgbtq.chair@ousu.org

*When campaigns refer to themselves as meeting "in OUSU" they mean the OUSU offices (also home to the OxStu newspaper & Oxide radio etc.) which are just across the road from college – therefore distance/ "it's a trek" is not a legitimate excuse!

This week's puzzle is a...

JIGSAW SUDOKU

Each row, column and jigsaw shape contains all of the digits 1 thru 9. First correct solution to melissa.russon@worc.ox.ac.uk wins a chocolate prize.

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	4	7						
6								
9					3			
	9			5				
	6			1			9	
				4			2	
			5					3
								4
						8	1	



At the start of September this year several Worcester students joined an expedition to China, specifically an expedition in support of ChildReach International. ChildReach are a relatively new charity and a great cause to support. They channel money into individual small scale projects intended to maximise benefits to children in developing countries, supporting education, healthcare, and protection. But this is a charity most notable for their approach to fundraising.

The vast majority of ChildReach's fundraising is done through student challenge expeditions such as the one to China we Worcester students went on. The year before, a very large number of Worcester students climbed Kilimanjaro, and other universities run other challenges. Those going have two responsibilities: arrange the funds necessary to cover the costs of you taking the challenge, and then raise a large amount of money for the charity on the side (well over a thousand pounds). The costs of the expedition are far cheaper than could ever be organised yourself so, from a selfish point of view, those going get to pay very little for an incredible expedition, and then the charity also generates a huge amount of revenue.

ChildReach has won awards for this fundraising strategy, raising as it does a huge amount of cash for a series of effective causes. The beauty of it is, of course, that it offers students a very large carrot at the end of the months of fundraising-shaped stick: and to the carrot I move now.

The expeditions are run as challenge expeditions, and in our case we were trekking along the Great Wall. Not the whole of it of course: the 'wall' is actually made up of fragmented ruins of a huge variety of defences built by dynasties stretching from the 8th century BC up to 17th century AD. Most fragments aren't fully connected to each other, many are in a state of disrepair so severe as to be invisible against the peaks traversed to all not trained in archaeology, and the combined lengths run to tens of thousands of miles: it's impossible to put a firm mathematical length to the wall.

We, under the watchful eye of our guide (and friend), covered sections of the wall restored for recent tourism purposes to their Ming Dynasty glory as well as sections untouched by recent hands and left as tumbled down bricks crossing the stunning mountains of north-east China. To claim the trekking wasn't difficult would be erroneous. The wall is designed to be unassailable, obviously, and a significant feature that aids this is its habit of running up and over every tall peak and down and through every deep valley to be seen, the constant climbs often up flights of rough hewn stairs were a strain. However, it would seem to me that compared to some other challenge expeditions offered by ChildReach (Everest Base Camp, I'm looking at you) this is not unduly challenging.



But maybe I'm biased. I enjoy hiking in British foothills regularly, and this isn't comparable to the sight of the wall, made up of local stone often, snaking away over the hills into the distance, watchtowers punctuating its scenic flow. It's hard not to fall for rural China. The renovated tourist sections, with their wall vendors offering can of coke and beer and in one place a bona fide Subway, could be a little less appealing, but the most remote sections, which demanded that we earn their charm with a lengthy hike, were serenely beautiful throughout. And need I even mention the food? Noodle Nation will never be the same.



There does tend to be a feeling that such expeditions are just an opportunity for rich westerners to freeload off a charity, taking a trip to some amazing part of the world out of the hands of a money-starved organisation. Well, maybe. I don't see it that way. ChildReach has raised a stunning amount off this scheme and they certainly back it wholeheartedly. It is easy to see the difficulties of fundraising amongst students, and offering a personal reward in exchange for money raised makes a lot of sense: after all we aren't huge altruists, all raising four figure sums every year for the simple good it does and nothing else. ChildReach's student challenge expeditions are a win-win for everyone involved and they have done a huge amount of good to the world. I openly encourage everyone to try one.

Oli Davies

Worcester Sport

all sport compiled by Sports Rep Robbie Heywood

Inspiring Comeback from 1sts Takes Them to League Summit

Worcester 1st XI turned their opening game on its head thanks to a brilliant performance to get the season off to a dream start against Balliol in 1st week. An unfortunate misplaced pass gifted Balliol an early lead and Worcester went into the break a goal behind, struggling for fluency thanks to their opponent's

good work rate. However, great team spirit and some individual brilliance from Kimmy Tang-Wright drew Worcester level within fifteen minutes of the restart. Sam Poulson powered his way past

the defence after latching onto a goal kick to give Worcester the lead, but Balliol equalised minutes later. From there on in, Worcester were too strong for their opponents, resuming their title defence with a win thanks to a bullet header from a corner in the 80th minute.



The football team look to repeat their success of last year

Other Highlights From Week 1:

- Imperious McWilliam double gives men's hockey team the perfect start to the season.
- Worcester stash gives both men's & mixed badminton teams the edge to win play-offs and earn promotion to Premier League.

What's Up Next Week:

- Athletics Cuppers – you don't even need to have done athletics before. Every person scores a point for Worcester!
- Football 1sts look to stay top of Premier League.
- Sam Trigg's naked Bop-It calendar to be released.

Worcester Rugby Fight Doggedly against New

Sporting what can only be described as the sexiest kit in world rugby, the Worcester rugby team took on New last week. After being absolutely conned out of a win there last year, there was added incentive for Worcester to start the season well this time.

As it would turn out, the game was a fairly scrappy affair with lots of players clearly rusty from several months off. The game began with Worcester dominating the first 15 minutes before New managed a try against the run of

play. A couple of tries then came either side of half time for New before it became clear that the rugby gods were on their side, as a dodgy bounce left Wilks on his ass and ballooned into their hands for an easy try.

The last quarter definitely belonged to Worcester though, with a couple of classy breaks and some gutsy, aggressive defense leading to a couple of chances that just lacked finishing.

Special mention has to go to Freshers Sam, Matt and Miguel

for making some great debuts for WCRFC. Now bring on the SNAKE EYES!!!



Results from Week 1

Football:

1sts: Won 3-2 vs Balliol

3rds: Lost 2-0 vs New

Rugby:

Lost 31-0 vs New

Hockey:

Won 2-0 vs Merton/Mansfield

Badminton:

Men's: Won 4-2 vs Exeter

Mixed: Won 5-1 vs Somerville

Fixtures for Weeks 2 & 3

Football:

1sts vs St Hugh's – Monday 2nd week

2nds vs Wadham – Wed 2nd

2nds vs LMH – Fri 2rd

3rds vs St Hilda's – Tue 2nd

Rugby:

Vs Oriel (A) – Tue 2nd

Vs Teddy Hall (H) – Tue 3rd

Hockey:

Men's Vs Trinity – Sun 2nd

Men's Vs Univ – Sun 3rd

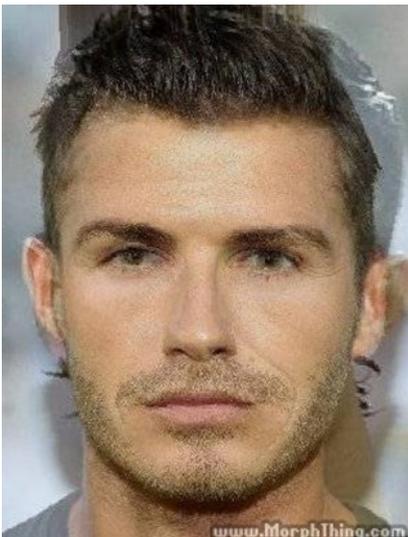
Women's Vs New/Pembroke – Sun 3rd

Netball:

'A' Team Vs St Hilda's – Thu 3rd

'B' Team Vs Teddy Hall – Thu 3rd

Whose Faces are Warped Together?



True or False?

1. The world record for the most red cards shown in a professional football match is 36.
2. Roger Bannister didn't actually run the first 4 minute mile.
3. For superstitious reasons, Robert Pires used to play in two right football boots when playing for Arsenal.
4. Solo synchronized swimming was once an Olympic event.
5. Alfie Hinchliffe is a member of Scotland's minigolf team.

Warped Faces: David Beckham & Cristiano Ronaldo
True or False: 1.T, 2.F, 3.F, 4.T, 5.F

Answers:

On The Sport

James Lorenz



Rugby

Jack Breuer



Rowing

VS

Leader of men

Describe yourself in 3 words

Rowing or Finals?

International cock or ball champion 2k13

Proudest sporting moment

My first bump outside the Worcester boat-house

Everyone knows M1 hates fun – you're all good athletes so play rugby instead!

What do you think of each other's sport?

Good game but the scrums just take far too long!

"...And he rolled a double 1, Snake Eyes!!"

Best thing about your sport

The crew spirit – no other sport comes close

Jess Ennis but I'm not fussy – as long as its not racist Becky

Sporting crush

Rebecca Romero – Olympic medals in rowing and cycling!

"I play rugby. Yours or mine?" – 25% of the time, it works every time

Sporting chat-up line

Carrying your oar and with a creepy eye-raise: "If you're lucky, I'll show you my other oar."